Changing Your Eye Color: Not So Cool

Children are at risk for serious eye infections or injury with decorative/ cosmetic contact lenses.

You’ve seen them in movies like the Twilight series and on pop celebrities like Lady Gaga. Those cool looking contact lenses that change the color and look of the normal human eye. These lenses known as “Circle Lenses” come in many colors and sizes.

They give the eye an enlarged effect by covering the white part of the eye with the tint of a colored contact lens. These contact lenses are sold online, without a prescription, something which is totally against the law in the United States.

This new contact lens trend may put you at risk for very serious eye problems.

It is not safe to wear a contact lens that has not been properly fit to your eye by an eye doctor. Failure to do so may result in very serious eye infections that cause redness, pain, and possible permanent vision loss.

Swapping or sharing contact lenses with friends should never be done as it also could cause serious eye problems.

If you are interested in any type of contact lenses, see an eye doctor to get fit properly, learn proper lens care, and have appropriate follow-up care. This is the safest way to wear contact lenses.

For further information about contact lenses and their correct prescription and use, please contact the Missouri Optometric Association.

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